

NUTRITION INFORMATION



University Dining Services

UNIVERSITY OF MINNESOTA

Driven to DiscoverSM

www.dining.umn.edu

calories fat (g) protein (g) carbs (g) fiber (g) sodium (mg)

CHARGRILLED CHICKEN SANDWICH

300 3.5 29 38 3 2988

CHICKEN SANDWICH

430 17 31 39 3 1370

SPICY CHICKEN SANDWICH

480 20 31 44 3 1660

CHARGRILLED CHICKEN COOL WRAP

410 12 33 50 9 1300

SPICY CHICKEN COOL WRAP

410 12 35 48 8 1380

NUGGETS 12-COUNT

400 17 42 18 1 1480

CHARGRILLED CHICKEN GARDEN SALAD

180 6 22 11 4 650

WAFFLE FRIES

430 23 5 50 5 210

LARGE LEMONADE

350 0 0 50 5 15

COLESLAW

276 24 1 15 2 214



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