# All-Day Packages

## All Day Delicious $40.99

Relax. We’ll keep the food coming! These Four (4) selections will keep your energy up throughout the day. All prices are per person and available for 12 guests or more.

### Delicious Dawn
- Assorted Muffins 400-510 Cal each
- Assorted Scones 430-470 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz serving
- Assorted Juice 110-170 Cal each
- Iced Water 0 Cal/8 oz serving
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz serving

### AM Perk Up
- Granola Bars 190 Cal each
- Assorted Individual Yogurt Cups 50-150 Cal each
- Iced Tea 5 Cal/8 oz serving
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz serving

### Power Up Lunch
- Tomato and Cucumber Couscous Salad 120 Cal/3.75 oz serving
- Orange Fennel Spinach Salad 210 Cal/3.2 oz serving
- Bakery-Fresh Rolls with Butter 160 Cal each
- Green Beans Gremolata 70 Cal/3 oz serving
- Three Pepper Cavatappi with Pesto 310 Cal/7.5 oz serving
- Grilled Chicken with a Lemon Tarragon White Wine Sauce 200 Cal/5.75 oz serving
- New York Cheesecake 440 Cal/slice
- Iced Tea 5 Cal/8 oz serving
- Iced Water 0 Cal/8 oz serving

### PM Pick Me Up
- Chilled Spinach Dip with Tortilla Chips 230 Cal/2.25 oz serving
- Grilled Vegetable Tray 70 Cal/3 oz serving
- Bakery-Fresh Brownies 250 Cal/2.25 oz serving
- Iced Water 0 Cal/8 oz serving
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz serving

## Meeting Wrap Up $24.59

Serve these favorites and success is a wrap! This All-Day Package includes the following Four (4) delights. All prices are per person and available for 12 guests or more.

**Morning Mini**
- Miniature Muffins 80-120 Cal each
- Miniature Danish 140-170 Cal each
- Miniature Scones 110-120 Cal each
- Yogurt Parfait Cups 370-400 Cal each
- Iced Water 0 Cal/8 oz serving
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz serving

**The Energizer**
- Donut Holes 45-90 Cal each
- Bananas 110 Cal each
- Iced Tea 5 Cal/8 oz serving
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz serving

**It’s a Wrap**
- Chicken Caesar Wrap 540 Cal each
- Pepper Jack Tuna Wrap 590 Cal each
- Cran-Apple Turkey Wrap 650 Cal each
- Grilled Vegetable Wrap 620 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz serving
- Choice of One (1) Salad:
  - Traditional Garden Salad 50 Cal/3.5 oz serving
  - Grilled Vegetable Pasta Salad 130 Cal/3 oz serving
  - Individual Bag of Chips 100-160 Cal each
  - Assorted Craveworthy Cookies 250-310 Cal each
  - Bakery-Fresh Brownies 250 Cal/2.25 oz serving
  - Iced Tea 5 Cal/8 oz serving
  - Iced Water 0 Cal/8 oz serving

**Mid-Day Munchies**
- Tortilla Chips 90 Cal/1 oz serving
- Choice of Two (2) Salsas:
  - Salsa Roja 20 Cal/1 oz serving
  - Salsa Verde 20 Cal/1 oz serving
  - Pico De Gallo 10 Cal/1 oz serving
  - Assorted Fruit 50-110 Cal each
  - Assorted Craveworthy Cookies 250-310 Cal each
  - Iced Water 0 Cal/8 oz serving
  - ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz serving
Simple Pleasures $25.89
Easy does it-casually tasteful fare. This All-Day Package includes Three (3) of our favorites. All prices are per person and available for 12 guests or more.

Simple Continental
- Assorted Donuts 190-490 Cal each
- Assorted Bagels 170-360 Cal each
- Orange Juice 120 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

Box Lunch
Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water
Choice of One (1) Sandwich:
- Tuna Salad Ciabatta 540 Cal each
- Ham and Swiss Sub 380 Cal each
- Turkey and Swiss Sandwich 490 Cal each
- Roasted Pepper and Mozzarella Ciabatta 530 Cal each
- Individual Bag of Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bottled Water 0 Cal each

Mid-Day Munchies
- Tortilla Chips 90 Cal/1 oz. serving
Choice of Two (2) Salsas:
- Salsa Roja 20 Cal/1 oz. serving
- Salsa Verde 20 Cal/1 oz. serving
- Pico De Gallo 10 Cal/1 oz. serving
- Assorted Fruit 50-110 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

Choose one of these 3 packages to sustain you throughout the day.

*All packages include necessary accompaniments and condiments

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In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
BREAKFAST

Breakfast Collections

All prices are per person and available for 12 guests or more.

**Mini Continental** $10.59
- Miniature Muffins 80-120 Cal each
- Miniature Danish 140-170 Cal each
- Miniature Bagels 110-160 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

**Quick Start** $9.99
Choice of Three (3) Breakfast Pastries:
- Assorted Danish 120-530 Cal each
- Assorted Muffins 400-510 Cal each
- Assorted Scones 430-470 Cal each
- Assorted Bagels 170-360 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Assorted Juice 110-170 Cal each
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

**Healthy Choice Breakfast** $9.29
Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day
- Individual Cereal Cups 140-260 Cal each
- Milk 120 Cal each
- Bananas 110 Cal each
- Assorted Individual Yogurt Cups 50-150 Cal each
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

**À la Carte Breakfast**
- Assorted Bagels $20.79 Per Dozen 170-360 Cal each
- Assorted Donuts $18.29 Per Dozen 190-490 Cal each
- Assorted Pastries $21.59 Per Dozen 200-510 Cal each
- Individual Greek Yogurt Cups $2.59 90 Cal/4 oz. serving
- Fresh Fruit Salad [Per Person] $3.09 160 Cal/5 oz. serving
- Wheat, Dairy Nut Free Bagel or Muffin [Per Person] $3.99 260-290 Cal each

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Hot Breakfast
All prices are per person and available for 12 guests or more.

Ultimate Breakfast $16.19
Choice of Three (3) Breakfast Pastries:
- Assorted Danish
- Assorted Muffins
- Assorted Scones
- Assorted Bagels
- Fresh Seasonal Sliced Fruit
- Scrambled Eggs
- Breakfast Potatoes
- Bacon
- Breakfast Sausage
- Cheddar and Onion Frittata
- Pancakes
- Maple Syrup
- Assorted Juices
- Iced Water
- ecoGrounds Coffee, Decaf and Hot Tea

American Breakfast $11.79
Choice of One (1) Breakfast Pastry:
- Assorted Danish
- Assorted Muffins
- Assorted Scones
- Assorted Bagels
- Breakfast Potatoes
- Bacon
- Breakfast Sausage
- Scrambled Eggs
- Iced Water
- ecoGrounds Coffee, Decaf and Hot Tea

Sunrise Sandwich Buffet $12.39
Choice of Two (2) Sunrise Breakfast Sandwiches:
- Egg and Cheese English Muffin
- Sausage, Egg and Cheese Biscuit
- Ham, Egg and Cheese Biscuit
- Bacon, Egg and Cheese Bagel
- Spicy Bacon, Egg, Potato and Cheese Burrito
- Spicy Veggie Sausage Biscuit
- Spicy Southern Chicken Biscuit

We are happy to accommodate any special dietary requests. 18% Administrative Fee will apply.

ecoGrounds

Our Story
At ecoGrounds, we say "consciously great coffee" because consistent quality comes from mindful attention to detail. Our company was founded on a simple principle: Responsibly source the best coffees on earth and slowly hand roast and air cool them to perfection. That guiding principle has paved the road to investing in certified coffees and teas, better business practices, and community enhancement projects because they make a difference for our trading partners and for our environment, today and tomorrow.
Breakfast Enhancements

All prices are per person and available for 12 guests or more.

**Pancake Sandwiches** $4.69
Choice of Two (2) Pancake Sandwiches:
- Bacon, Egg and Cheese Pancake Sandwich 310 Cal each
- Ham, Egg and Cheese Pancake Sandwich 270 Cal each
- Sausage, Egg and Cheese Pancake Sandwich 340 Cal each
- Egg and Cheddar Pancake Sandwich 280 Cal each

**Overnight Oats** $3.99
- Parfait of selected seasonal fruit with Greek yogurt and granola 160-240 Cal/7 oz. serving

**Pineapple and Blueberry** $4.59
- Salad of pineapple and blueberries drizzled with honey and fresh mint. 50 Cal/5 oz. serving

Breakfast enhancements are priced per person. We are happy to accommodate dietary requests.

*All packages include necessary accompaniments and condiments*

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Classic Collections

All prices are per person and available for 12 guests or more.

**Deli Express** $12.29
Choice of Two (2) Side Salads 25-330 Cal each
- Individual Bags of Chips 100-160 Cal each
- Assorted Baked Breads and Rolls 110-160 Cal each

Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Tuna) 25-80 Cal/1 oz. serving
- Cheese Tray (Cheddar and Swiss) 110 Cal/1 oz. serving
- Relish Tray (Lettuce, Tomato, Onion, Pickles, Pepperoncini) 20 Cal/1 oz. serving
- Assorted Craveworthy Cookies 250-310 Cal each

Choice of Two (2) Beverages:
- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

**Premium Boxed Salads**

Orange Chicken Spinach Salad $14.69
Grilled Orange-Thyme-Glazed Chicken with a Sesame-Ginger Spinach Glaze 230 Cal each
- Bakery-Fresh Roll with Butter 160 Cal each
- Fresh Fruit Cup 40 Cal/2.5 oz. serving
- Lemon Cheesecake Bar 300 Cal/2.75 oz. serving
- Bottled Water 0 Cal each

Salmon Caesar Salad $14.69
Caesar Salad with Grilled Salmon, Shredded Parmesan Cheese and Seasoned Croutons 590 Cal each
- Bakery-Fresh Roll with Butter 160 Cal each
- Fresh Fruit Cup 40 Cal/2.5 oz. serving
- Lemon Cheesecake Bar 300 Cal/2.75 oz. serving
- Bottled Water 0 Cal each

Mediterranean Grain Bowl $14.59
- Quinoa, Toasted Chickpeas, Cucumber, Tomato and Kalamata Olives with Hummus and Pita 460 Cal each
- Bakery-Fresh Roll with Butter 160 Cal each
- Fresh Fruit Cup 40 Cal/2.5 oz. serving
- Lemon Cheesecake Bar 300 Cal/2.75 oz. serving
- Bottled Water 0 Cal each

**Sandwiches & Salads**

**Classic Box Lunch** $10.99
Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich 140-750 Cal each
- Individual Bag of Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bottled Water 0 Cal each

**Classic Selections Buffet** $15.99
Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads 25-330 Cal each
- Dill Pickle Slices 0 Cal/1 oz. serving
- Individual Bags of Chips 100-160 Cal each
- Choice of Three (3) Classic Sandwiches 140-750 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each

Choice of Two (2) Beverages:
- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

**Classic Sandwich Options**

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Ham with Black Bean Spread, Roasted Corn Salad and Barbecue Chipotle Dressing on Ciabatta 430 Cal each

Curried Turkey and Apple Wrap 600 Cal each

Turkey, Avocado and Slaw Ciabatta with a Greek Goddess Spread 500 Cal each

Grilled Chicken, Pickled Cucumber, Kimchi Slaw and Spicy Sesame Gochujang Sauce Ciabatta 600 Cal each

Balsamic Bruschetta Ciabatta with Fresh Mozzarella 730 Cal each

Additional Premium Boxed Lunch options available upon request!
Please contact your catering professional
SANDWICHES & SALADS

Classic Collections
All prices are per person and available for 12 guests or more.

The Executive Luncheon $18.29
Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages
Choice of Two (2) Side Salads
- Dill Pickle Slices 25-330 Cal each
- Individual Bags of Chips 0 Cal/1 oz. serving
Choice of Three (3) Executive Luncheon Sandwiches
- Assorted Craveworthy Cookies 370-760 Cal each
Choice of Two (2) Beverages:
- Lemonade 250-310 Cal each
- Iced Tea 0 Cal/8 oz. serving
- Iced Water 5 Cal/8 oz. serving
- Choice of Two (2) Beverages:

Executive Luncheon Sandwiches
(Active Sandwich choices for The Executive Luncheon Sandwich Buffet)
Salmon, Cucumber and Cilantro Coleslaw Wrap 650 Cal each
Tuna and Apple Salad Wrapped with Tomato and Arugula 370 Cal each
Roast Beef, Provolone and Artichoke Ciabatta with Pesto Mayo Baguette 690 Cal each
Chicken Teriyaki Ciabatta with Pineapple Salsa on Ciabatta 510 Cal each
Italian Salami and Ham with Lettuce, Tomato, Onion and Herb Honey Dijon Sauce 560 Cal each
Turkey Cobb Ciabatta with Bacon, Blue Cheese and Avocado Mayo 670 Cal each
Granny Smith Apples and Brie with Fresh Spinach on Ciabatta 760 Cal each

Side Salad Selections
(Included with Deli Express, Classic Selections, and The Executive Luncheon Buffets)
- Traditional Garden Salad with a Balsamic Vinaigrette Dressing 50 Cal/3.5 oz. serving
- Red-Skinned Potato Salad with Celery and Red Onion in a Lemon and Oil Dressing 240 Cal/4 oz. serving
- Chimichurri Potato Salad 130 Cal/3.5 oz. serving
- Asian Slaw with Red Peppers, Carrots, Scallions, Minced Fresh Mint and Cilantro in a Sesame Teriyaki Dressing 70 Cal/3 oz. serving
- Sweet Chili Cucumber Salad with Red Onion, Fresh Cilantro and a Sweet and Spicy Chili Sauce 25 Cal/3 oz. serving
- Fresh Fruit Salad 40 Cal/2.5 oz. serving
- Apple Walnut Salad with Cinnamon-Spiced Honey Yogurt Dressing 80 Cal/3.5 oz. serving
- Toasted Cranberry Apple Couscous with Apricots, Granny Smith Apples, Almonds, Red Onions, Fresh Spinach and Scallions 180 Cal/3 oz. serving
- Edamame Salad with Shiitake Mushrooms, Radishes, Scallions, Fresh Basil and Mint Tossed in a Rice Wine Vinegar and Ginger Root Dressing 130 Cal/3 oz. serving
- Roast Corn and Black Bean Salad with Onion, Red Peppers, Jalapenos and Fresh Cilantro 120 Cal/4 oz. serving

*All packages include necessary accompaniments and condiments

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**Themed Buffets**

All prices are per person and available for 12 guests or more. Includes choice of beverages.

### Springtime in Capri - Plant Forward Buffet $17.09

- Tuscan White Bean Salad 80 Cal/4 oz. serving
- Caprese Salad 150 Cal/4 oz. serving
- Garlic Breadsticks 110 Cal each
- Penne with Fresh Vegetables 180 Cal/9.5 oz. serving
- Penne with Chicken and Kale 230 Cal/7 oz. serving
- Orange Carrot Thimble Cake 80 Cal each

Choice of Two [2] Beverages:
- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

### Global Street Tacos $17.29

- Tortilla Chips 90 Cal/1 oz. serving

Choice of Two [2] Salsas:
- Pico De Gallo 10 Cal/1 oz. serving
- Salsa Roja 20 Cal/1 oz. serving
- Salsa Verde 10 Cal/1 oz. serving

- Cumin Black Beans 110 Cal/3 oz. serving
- Cilantro Lime Rice 120 Cal/3 oz. serving

Choice of Two [2] Tacos:
- Korean Pork Taco with Kimchi 220 Cal each
- Korean Shrimp Taco with Crema 200 Cal each
- Fresca and Shredded Slaw 160 Cal each
- Spicy Fish Taco with Watermelon 230 Cal each
- Salsa and Spicy Slaw 190 Cal each
- Green Chili Chicken Taco 270 Cal each 180 Cal each
- Black Bean and Kale Taco 210 Cal each
- Mango Chicken Taco 250 Cal each
- Roasted Vegetable Taco
- Cinnamon Sugar Cookies

Choice of Two [2] Beverages:
- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

### Mediterranean Escape - Plant Forward Buffet $16.99

- Greek Chickpea Salad 70 Cal/3.25 oz. serving
- Vegetable Platter 120 Cal/5 oz. serving
- Roasted Red Pepper Hummus 140 Cal/4 oz. serving
- Greek Pita with Feta Cheese and a Red Wine Vinaigrette 160 Cal each
- Beef Kofta Pita with Tzatziki and Hummus 370 Cal each
- Iced Lemon Craveworthy Cookies 270 Cal each

Choice of Two [2] Beverages:
- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving
**BUFFETS**

**Themed Buffets**
All prices are per person and available for 12 guests or more. Includes choice of beverages.

**Lazy Summer BBQ**  $19.99
- Coleslaw  150 Cal/3 oz. serving  120 Cal each
- Cornbread Fiesta Muffins  260 Cal/4 oz. serving
- Macaroni and Cheese  170 Cal/4.75 oz. serving
- Baked Beans  430 Cal/6 oz. serving
- BBQ Chicken  350 Cal/5 oz. serving
- Sliced Brisket  250-310 Cal each
- Assorted Craveworthy Cookies  300-370 Cal/2.75-3.25 oz. serving
- Choice of Two (2) Beverages:
  - Lemonade  90 Cal/8 oz. serving
  - Iced Tea  5 Cal/8 oz. serving
  - Iced Water  0 Cal/8 oz. serving

**Asian Accents**  $18.79
- Peanut Lime Ramen Noodles  200 Cal/3 oz. serving  190 Cal each
- Egg Rolls  50 Cal/1 oz. serving
- Choice of Two (2) Dipping Sauces:
  - Sweet Soy Sauce  40 Cal/1 oz. serving
  - Sweet and Sour Sauce  45 Cal/1 oz. serving
  - Chili Garlic Sauce  210 Cal/5.5 oz. serving
- Steamed Brown Rice  370 Cal/8 oz. serving
- General Tso’s Chicken  100 Cal/3 oz. serving  30 Cal each
- Teriyaki Salmon with Lemon Green Beans  90 Cal/8 oz. serving
- Fortune Cookies  5 Cal/8 oz. serving
- Choice of Two (2) Beverages:
  - Lemonade  0 Cal/8 oz. serving
  - Iced Tea  0 Cal/8 oz. serving
  - Iced Water  0 Cal/8 oz. serving

LOOKING TO CREATE YOUR OWN THEMED BUFFET OR UNIQUE CUSTOM BUFFET?
Contact us at Go1851@umn.edu / 612.624.7173 or 612.625.4162 to explore more options and personalize your buffet to fit your event.
**Themed Buffets**

All prices are per person and available for 12 guests or more. Includes choice of beverages.

**Harvest Bounty $20.39**
- Traditional Mixed Green Salad
- Southern Biscuits with Butter
- Buttermilk Mashed Potatoes
- Sautéed Dill Green Beans

Choice of One (1) Entrée:
- Herb Roasted Turkey
- Baked Ham
- Apple Pie

Choice of Two (2) Beverages:
- Lemonade
- Iced Tea
- Iced Water

**Classic Pizza $17.99**
- Classic Garden Salad
- Home-Style Kettle Chips
- Traditional New York-Style Cheese Pizza Slices
- Meat Lover’s Pizza Slices
- Garden Vegetable Pizza Slices
- Assorted Craveworthy Cookies
- Bakery-Fresh Brownies

Choice of Two (2) Beverages:
- Lemonade
- Iced Tea
- Iced Water

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**Yucatan Bowl $18.49**
- Romaine Lettuce Salad
- Avocado Ranch Dressing
- Choice of One (1) Rice:
  - Cilantro Lime White Rice
  - Cilantro Lime Brown Rice
  - Charro Beans
  - Braised Chicken
  - Braised Beef
- Roasted Portobello Mushrooms
- Guacamole

Choice of Two (2) Salsas:
- Pico De Gallo
- Salsa Verde
- Salsa Roja
- Dulce De Leche Brownie

Choice of Two (2) Beverages:
- Lemonade
- Iced Tea
- Iced Water

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Create Your Own Buffet
Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages.

Buffet Starters
- Seasonal Garden Salad with Balsamic Vinaigrette 50 Cal/3.5 oz. serving
- Classic Caesar Salad 160 Cal/2.7 oz. serving
- Greek Salad with Crumbled Feta 120 Cal/3.25 oz. serving
- Autumn Vegetable Salad with Red Wine Vinaigrette 80 Cal/3 oz. serving
- Roasted Vegetable Platter with Chimichurri Mayo 210 Cal/4 oz. serving
- Seasonal Fresh Fruit Salad 40 Cal/2.25 oz. serving

Buffet Entrees
- Lemon Artichoke Chicken Breast $18.79 200 Cal/5.75 oz. serving
- Grilled Turkey Breast Seasoned with Rosemary and Topped with Cranberry Molasses Sauce $18.49 200 Cal/4 oz. serving
- Oven-Roasted Seasoned Pork in a Brown Sugar-Pecan Sauce $19.79 440 Cal/5 oz. serving
- Bruschetta Tilapia $19.39 200 Cal/5.5 oz. serving
- Beef Pot Roast with Dijon Shallot Sauce $20.19 330 Cal/5 oz. serving
- Fireside Herbed Steak Marinated in Dijon Mustard, Thyme and Cider Vinegar $19.99 170 Cal/3 oz. serving
- Late Harvest Veggie Cavatappi with Zucchini, Spinach, Tomato and White Beans in a Pepper-Garlic Sauce $16.99 440 Cal/15 oz. serving

Buffet Sides
- Zucchini, Tomato and Squash Blend 40 Cal/3.5 oz. serving
- Italian Seasoned Green Beans 40 Cal/3.25 oz. serving
- Roasted Brussels Sprouts with Garlic and Pancetta 80 Cal/4 oz. serving
- Goat Cheese and Roasted Garlic Mashed Potatoes 170 Cal/4.25 oz. serving
- Oven-Roasted Fingerling Potatoes 130 Cal/3.5 oz. serving
- Butternut Squash Barley Pilaf 110 Cal/4 oz. serving
- Chipotle Macaroni and Cheese 230 Cal/2.75 oz. serving

Buffet Finishes
- Apple Pie 410 Cal/slice
- New York-Style Cheesecake 440 Cal/slice
- Spiced Carrot Cake 370 Cal/slice
- Chocolate Cake 270 Cal/slice
- Assorted Craveworthy Cookies 250-310 Cal each
- Fudge Brownies 320 Cal/3 oz. serving
**Hors d'oeuvres**
Hors d'oeuvres are priced per dozen.

**Reception Hors d'oeuvres (Hot)**
- Italian Meatballs $24.79
- Chili-Lime Chicken Kabobs $24.69
- Coconut Chicken $26.99
- Crispy Asiago Asparagus $23.89
- Mac n' Cheese Melts $22.99
- Parmesan Artichoke Hearts $24.79
- Spanakopita $23.99
- Vegetable Spring Rolls $23.99

100 Cal each
40 Cal each
40 Cal each
50 Cal each
50 Cal each
70 Cal each
15 Cal each

**Reception Hors d'oeuvres (Cold)**
- Chocolate-Caramel Mini Cheesecakes $24.99
- Cool Citrus Mini Cheesecakes $24.99
- Mediterranean Antipasto Skewers $26.99
- Salmon Tartine $26.79
- Balsamic Fig Tarts $26.99
- Herb Mushroom Tarts $34.99

80 Cal each
80 Cal each
70 Cal each
110 Cal each
220 Cal/3 oz. serving
320 Cal/3 oz. serving

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**UNSURE OF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?**
Contact your catering events specialist to discuss the proper amounts needed for a reception.

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Reception Platters and Dips

All prices are per person and available for 12 guests or more.

**Classic Sliced Cheese Tray** $44.89 Serves 12
- Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses, Pita Chips and Crostini 290 Cal/2.75 oz. serving

**Fresh Garden Crudités** $35.99 Serves 12
- Fresh Garden Crudités with Ranch Dill Dip 120 Cal/5 oz. serving

**Fresh Seasonal Fruit** $28.79 Serves 12
- Fresh Seasonal Fruit Tray 40 Cal/2.5 oz. serving

**Hummus with Pita Chips** $27.39 Serves 12
- Hummus with Pita Chips 220 Cal/4.5 oz. serving

**Red Pepper Kale Dip** $30.49 Serves 12
- Red Pepper Kale Dip 130 Cal/2 oz. serving
- Pita Chips 140 Cal/2 oz. serving

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**MAY WE SUGGEST A SERVED MEAL OR RECEPTION?**

Hot menu items require service staff and equipment. We are delighted to assist you with all of your event needs from equipment, linens, floral arrangements, service staff and everything in between. - Additional fees may apply.

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Reception Stations

Reception Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 12 guests or more.

**Dim Sum** $11.89
- Egg Rolls 190 Cal each
- Pot Stickers 45 Cal each
Choice of Two (2) Dipping Sauces:
  - Sweet Soy Sauce 50 Cal/1 oz. serving
  - Sweet and Sour Sauce 40 Cal/1 oz. serving
  - Chili Garlic Sauce 45 Cal/1 oz. serving
Sweet and Spicy Boneless Chicken Wings
with Celery Sticks 600 Cal/7.5 oz. serving
- Gourmet Dessert Bars 300-370 Cal/2.75-3.25 oz. serving

**Grown Up Mac and Cheese** $14.99
- Chipotle Macaroni and Cheese 460 Cal/8 oz. serving
Choice of Three (3) Proteins:
  - Grilled Chicken Breast 160 Cal/3 oz. serving
  - Sautéed Shrimp 130 Cal/4 oz. serving
  - Pulled Pork 290 Cal/3 oz. serving
  - Diced Ham 60 Cal/2 oz. serving
  - Roasted Mushrooms 90 Cal/3 oz. serving
  - Peas 70 Cal/3 oz. serving
  - Broccoli Bits 40 Cal/1.76 oz. serving
  - Scallions 0 Cal/0.25 oz. serving

**Tater Tot Poutine Bar** $12.99
- Tater Tots 280 Cal/4 oz. serving
Choice of Two (2) Proteins:
  - Crumbled Bacon 90 Cal/0.5 oz. serving
  - Pulled Pork 290 Cal/3 oz. serving
  - Diced Ham 60 Cal/2 oz. serving
  - Country Gravy 70 Cal/2 oz. serving
  - Shredded Cheese 120 Cal/1 oz. serving
  - Roasted Mushrooms 60 Cal/2 oz. serving
  - Green Peppers 10 Cal/1 oz. serving
  - Diced Tomatoes 5 Cal/1 oz. serving
  - Onions 10 Cal/0.5 oz. serving
  - Scallions 0 Cal/0.25 oz. serving

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**Breaks**

All prices are per person and available for 12 guests or more.

**The Healthy Alternative** $8.99
- Apples 60 Cal each
- Oranges 50 Cal each
- Bananas 110 Cal each
- Pears 100 Cal each
- Individual Yogurt Cups 50-150 Cal each
- Trail Mix 290 Cal each
- Granola Bars 190 Cal each

**Orchard Treats** $7.99
- Apple Wedges 60 Cal each
- Caramel Sauce 100 Cal/1 oz. serving
- Cinnamon Sugar Donuts 280 Cal each
- Maple Walnut Blondies 290 Cal/2.38 oz. serving
- Sliced Cheese served with Baguettes 350 Cal/4.75 oz. serving

**Coffee Break** $5.09
- Assorted Craveworthy Cookies 250-310 Cal each
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving
**Beverages & Desserts**

**Beverages**
Includes appropriate accompaniments

- **Bottled Water** $1.79 Each  
  0 Cal each
- **Assorted Sodas [Can]** $1.99 Each  
  0-150 Cal each
- **Sparkling Water** $1.99 Each  
  0 Cal each
- **Hot Water with Assorted Teavana Tea Bags** $21.59 Per Gallon  
  0 Cal/8 oz. serving
- **EcoGrounds Regular Coffee** $21.59 Per Gallon  
  0 Cal/8 oz. serving
- **EcoGrounds Decaffeinated Coffee** $21.59 Per Gallon  
  0 Cal/8 oz. serving
- **Cold Brew Coffee** $24.79 Per Gallon  
  0 Cal/8 oz. serving
- **Iced Tea** $18.69 Per Gallon  
  5 Cal/8 oz. serving
- **Lemonade** $18.69 Per Gallon  
  90 Cal/8 oz. serving
- **Infused Water** $9.79 Per Gallon  
  Choice of One (1) Fruit Infused Water:
  - Lemon Infused Water  
    0 Cal/8 oz. serving
  - Orange Infused Water  
    10 Cal/8 oz. serving
  - Apple Infused Water  
    20 Cal/8 oz. serving
  - Cucumber Infused Water  
    10 Cal/8 oz. serving
  - Grapefruit Infused Water  
    10 Cal/8 oz. serving

*Vegetarian  🥗  Vegan*

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

**Desserts**
- **Assorted Craveworthy Cookies** $16.79 Per Dozen  
  250-310 Cal each
- **Bakery-Fresh Brownies** $15.89 Per Dozen  
  250 Cal/2.25 oz. serving
- **Gourmet Dessert Bars** $16.79 Per Dozen  
  300-370 Cal/2.75-3.25 oz. serving
- **Chocolate Fudge Cake [Per Person]** $3.99  
  290 Cal/3 oz. serving
- **NY Style Cheesecake [Per Person]** $3.39  
  290 Cal/3 oz. serving

**ORDERING INFORMATION**

**Lead Time**
Notice of 48 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

**Extras**
If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

**CONTACT US TODAY**
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Go1851@umn.edu
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Prices effective until 07/01/2021
Prices may be subject to change

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